

Menu Name : St Charles Borromeo School Lunch Menu					
Grade Level / Age Group :K-8 Grades			Meal Pattern : NSLP	Meal : Lunch	
FEBRUARY - 2025					
	Monday, February 3, 2025	Tuesday, February 4, 2025	Wednesday, February 5, 2025	Thursday, February 6, 2025	Friday, February 7, 2025
Hot Meals	Premium Chicken Nuggets	BBQ Meatballs	Asian Noodles Bowl	Premium Chicken Patty Sandwich	Fresh Baked Pizza Slice
	Ketchup	Mashed Potatoes	Teriyaki Noodles with Asian Sesame Chicken	WG Bun & Ketchup	Mixed Greens Salad w/Dressing
	Cheddar Crisps	Chilled Fruit Cocktail	Sliced Cucumbers & Dip	CKC Baked Beans	Crisp Varietal Apple
	Baby Carrots & Dip	WG Dinner Roll	Banana	Celery Sticks & Dip	Choice Milk
	Cinnamon Apple Slices & Choice Milk	Choice Milk	Choice Milk	Frozen Fruit Cup & Choice Milk	
Hot Meals	Smoky Cheeseburger	Brunch Lunch	All Beef Hot Dog	Sweet & Sour Chicken	Pizza Hand Pie
	WG Bun, BBQ Sauce, Ketchup & Shred Cheese	French Toast Sticks w/ Syrup	WG Hot Dog Bun, Ketchup	Steamed Brown Rice	Buttered Carrots w/ Herbs
	CKC Baked Beans & Celery	Celery Sticks, Baby Carrots & Dip	Potato Stix & Ketchup	Garden Greens Salad & Dressing	Crisp Varietal Apple
	Cinnamon Apple Slices	Chilled Fruit Cocktail	Banana	Frozen Fruit Cup	Choice Milk
	WG Ranch Crackers & Choice Milk	Choice Milk	Choice Milk	Choice Milk	
Hot Meals	School Not in Session	Mild Honey Sauced Drumstick	Mozzarella Burger	Premium Chicken Nuggets & Ketchup	Fresh Baked Pizza Slice
		Mildly Seasoned Flavorful Chicken Drumstick	Ketchup	WG Dinner Roll	Broccoli Florets & Dip
		Celery Sticks, Carrot Slims & Dip	CKC Baked Beans	Baby Carrots w/ Dip	Crisp Varietal Apple
		Animal Crackers	Cucumber Slices & Banana	Mandarin Orange Fruit Cup	Choice Milk
		Chilled Fruit Cocktail & Choice Milk	Dill Cobbers & Choice Milk	Choice Milk	
Hot Meals	Crunch Wrap	Classic Beef Sloppy Joe	Mandarin Orange Chicken	Pasta Bake w/ Red Sauce	School Not in Session
	Wg Tortilla, Chicken Tenders	Traditional Sloppy Joe meat served on WG Bun & Shred Cheese served on side	Steamed Seasoned Rice	WG Penne w/ Grilled Chicken & Mozzarella	
	Shred Cheese & Boom Sauce		Sliced Cucumbers & Dip	Mixed Greens Salad & Dressing	
	Baby Carrots	CKC Baked Beans & Celery Sticks	Banana	Frozen Fruit Cup	
	Cinnamon Apple Slices & Choice Milk	Chilled Fruit Cocktail & Choice Milk	Choice Milk	Choice Milk	

Proteins in School Meals

Protein gets a lot of attention these days. In school meals, we categorize protein-rich foods as “meat and meat alternatives.” These include lean meats such as poultry and beef, beans/legumes and cheese. By offering a variety of options on our menus, we accommodate a range of dietary preferences and needs.

These foods are rich sources of protein, essential for building and repairing tissues, supporting immune function, and maintaining overall health. Additionally, they provide vital nutrients such as iron, zinc and B vitamins, which are crucial for cognitive function, energy metabolism and overall well-being.

Skim & 1% milk served daily.

All bread /bread products /chips /tortillas /pastas listed in the menu are whole grain products.

This menu is 100% pork-free.

All rice dishes /rice products are made of whole grain brown rice.