

Menu Name : St Charles Borromeo PreK Lunch Menu		Meal : Lunch	
Grade Level / Age Group : Childcare (Ages 3-5)		JANUARY - 2025	

Hot Meals	COLOR YOUR TRAY: The Power of Fruits in School Meals From fresh and frozen to canned, dried and 100% juice, all forms of fruit have a place on our school meal menus. Whether it's enjoying a juicy pear at lunch or enjoying a handful of raisins as a snack, every fruit choice contributes to one's overall health and well-being. Fruit is packed with essential vitamins, minerals and antioxidants that promote overall health and well-being. Whether it's the vitamin C boost from citrus fruits, the potassium-rich goodness of bananas or the fiber-packed sweetness of apples, each fruit offers its unique nutritional benefits. By incorporating a variety of fruits into our school meals, we provide students with a range of nutrients to help them thrive both in and out of the classroom.			Wednesday, January 1, 2025	Thursday, January 2, 2025	Friday, January 3, 2025	Week I
	<h2 style="color: green;">School Not in Session</h2>						

Hot Meals	Monday, January 6, 2025	Tuesday, January 7, 2025	Wednesday, January 8, 2025	Thursday, January 9, 2025	Friday, January 10, 2025	Week II
	Taco Rice Bowl	BBQ Teriyaki Chicken	Classic Hamburger	Premium Chicken Nuggets	Fresh Hot Baked Pizza	
	Taco Seasoned Beef, Steamed Rice & Shred Cheese	Mashed Potatoes	WG Bun, Pickle Rounds & Ketchup	Ketchup	Garden Greens & Dressing	
	Cheesy Refried Beans	Golden Wheat Crackers	CKC Baked Beans	Crisp Broccoli & Dip	Crisp Varietal Apple Wedges	
	Cinnamon Apple Slices	Chilled Peaches	Banana	Fresh Orange Wedges	Choice Milk	
Choice Milk	Choice Milk	Choice Milk	Choice Milk			

Hot Meals	Monday, January 13, 2025	Tuesday, January 14, 2025	Wednesday, January 15, 2025	Thursday, January 16, 2025	Friday, January 17, 2025	Week III
	Crunchy Chicken Tenders	Classic Beef Sloppy Joe	Mandarin Orange Chicken	Italiano Rosy Alfredo Pasta Bake	Brunch Lunch	
	Ketchup	<i>Traditional Sloppy Joe meat served on WG Bun & Shred Cheese served on side</i>	Steamed Seasoned Rice	<i>WG Penne Rosa w/ Grilled Chicken</i>	<i>Easy-Bite Mini Waffles & Syrup w/ Yogurt Swirl Cup & String Cheese</i>	
	Steamed Carrots & Peas	Chilled Peaches	Sliced Cucumbers & Dip	Mixed Salad & Dressing	Tater Tots w/ Ketchup	
	Cinnamon Apple Slices	Steamed Mixed Veggies & Chilled Peaches	Banana	Frozen Apricot Cup	Crisp Varietal Apple Wedges	
Choice Milk	Choice Milk	Choice Milk	Choice Milk	Choice Milk		

Hot Meals	Monday, January 20, 2025	Tuesday, January 21, 2025	Wednesday, January 22, 2025	Thursday, January 23, 2025	Friday, January 24, 2025	Week IV
	<h2 style="color: green;">School Not in Session</h2>	Pizza Crunchers	The Cheeseburger , that Never Gets Old-Fashioned	Marinara Meatballs w/ Mozzarella	<h2 style="color: green;">School Not in Session</h2>	
		Steamed Mixed Veggies	WG Bun, Cheese Slice & Ketchup	WG Dinner Roll		
		Chilled Peaches	CKC Baked Beans	Steamed Peas		
		Choice Milk	Banana	Fresh Orange Wedges		
Choice Milk	Choice Milk	Choice Milk	Choice Milk			

Hot Meals	Monday, January 27, 2025	Tuesday, January 28, 2025	Wednesday, January 29, 2025	Thursday, January 30, 2025	Friday, January 31, 2025	Week V
	Golden Chicken Tenders	Brunch Lunch	Mac & Cheese	Beef Penne Pasta	Cheese Hot Pocket	
	Ketchup	Buttermilk Pancake w/ Syrup	Garden Greens & Dressing	Steamed Broccoli	Warm Red Sauce	
	Glazed Carrots	Colby Cheese Omelet	Banana	Frozen Apricot Cup	Sliced Cucumbers & Dip	
	Cinnamon Apple Slices	Hashbrown Patty w/ Ketchup	Choice Milk	Choice Milk	Crisp Varietal Apple	
Choice Milk	Chilled Peaches & Choice Milk			Choice Milk		

Skim & 1% milk served daily. This menu is 100% pork-free.
 All bread /bread products /chips /tortillas /pastas listed in the menu are whole grain products. All rice dishes /rice products are made of whole grain brown rice.