

Menu Name : <i>K-8 A Bagged Breakfast w Cereal Menu</i>		Meal Pattern : NSLP		Meal : Breakfast	
Grade Level / Age Group : K-8 Grades		<b>JANUARY - 2025</b>			

<b>Breakfast</b>	<b>COLOR YOUR TRAY: The Power of Fruits in School Meals</b>		Wednesday, January 1, 2025	Thursday, January 2, 2025	Friday, January 3, 2025	<b>Week I</b>
	<p>From fresh and frozen to canned, dried and 100% juice, all forms of fruit have a place on our school meal menus. Whether it's enjoying a juicy pear at lunch or enjoying a handful of raisins as a snack, every fruit choice contributes to one's overall health and well-being.</p> <p>Fruit is packed with essential vitamins, minerals and antioxidants that promote overall health and well-being. Whether it's the vitamin C boost from citrus fruits, the potassium-rich goodness of bananas or the fiber-packed sweetness of apples, each fruit offers its unique nutritional benefits. By incorporating a variety of fruits into our school meals, we provide students with a range of nutrients to help them thrive both in and out of the classroom.</p>		<h1>School Not in Session</h1>			
	<i>Entrée of the Day is 2 Whole Grain Items Equivalent. Chef's Choice, equivalent to 2 Items, may be offered in place of the Entrée of the Day.</i>					

<b>Breakfast</b>	Monday, January 6, 2025	Tuesday, January 7, 2025	Wednesday, January 8, 2025	Thursday, January 9, 2025	Friday, January 10, 2025	<b>Week II</b>
	<b>French Toast Breakfast Bread</b>	<b>Assorted Big Cereal Bowl</b>	<b>Trix Big Muffin</b>	<b>Mini Cinnis</b>	<b>Pancake Puffs Pack</b>	
	100% 4.23 oz Fruit Juice (1 item)  Choice Milk & Second Fruit (1 item each)	100% 4.23 oz Fruit Juice (1 item)  Choice Milk & Second Fruit (1 item each)	100% 4.23 oz Fruit Juice (1 item)  Choice Milk & Second Fruit (1 item each)	100% 4.23 oz Fruit Juice (1 item)  Choice Milk & Second Fruit (1 item each)	100% 4.23 oz Fruit Juice (1 item)  Choice Milk & Second Fruit (1 item each)	
<i>Entrée of the Day is 2 Whole Grain Items Equivalent. Chef's Choice, equivalent to 2 Items, may be offered in place of the Entrée of the Day.</i>						

<b>Breakfast</b>	Monday, January 13, 2025	Tuesday, January 14, 2025	Wednesday, January 15, 2025	Thursday, January 16, 2025	Friday, January 17, 2025	<b>Week III</b>
	<b>Assorted Big Cereal Bowl</b>	<b>WG Muffin</b>	<b>Chocolate Swirl</b>	<b>Stuffed Cream Cheese Bagels</b>	<b>Cake Glazed Donut</b>	
	100% 4.23 oz Fruit Juice (1 item)  Choice Milk & Second Fruit (1 item each)	100% 4.23 oz Fruit Juice (1 item)  Choice Milk & Second Fruit (1 item each)	100% 4.23 oz Fruit Juice (1 item)  Choice Milk & Second Fruit (1 item each)	100% 4.23 oz Fruit Juice (1 item)  Choice Milk & Second Fruit (1 item each)	100% 4.23 oz Fruit Juice (1 item)  Choice Milk & Second Fruit (1 item each)	
<i>Entrée of the Day is 2 Whole Grain Items Equivalent. Chef's Choice, equivalent to 2 Items, may be offered in place of the Entrée of the Day.</i>						

<b>Breakfast</b>	Monday, January 20, 2025	Tuesday, January 21, 2025	Wednesday, January 22, 2025	Thursday, January 23, 2025	Friday, January 24, 2025	<b>Week IV</b>
	<h1>School Not in Session</h1>	<b>Assorted Big Cereal Bowl</b>	<b>Banana Loaf</b>	<b>Maple Snack'n Waffle</b>	<h1>School Not in Session</h1>	
		100% 4.23 oz Fruit Juice (1 item)  Choice Milk & Second Fruit (1 item each)	100% 4.23 oz Fruit Juice (1 item)  Choice Milk & Second Fruit (1 item each)	100% 4.23 oz Fruit Juice (1 item)  Choice Milk & Second Fruit (1 item each)	100% 4.23 oz Fruit Juice (1 item)  Choice Milk & Second Fruit (1 item each)	
<i>Entrée of the Day is 2 Whole Grain Items Equivalent. Chef's Choice, equivalent to 2 Items, may be offered in place of the Entrée of the Day.</i>						

<b>Breakfast</b>	Monday, January 27, 2025	Tuesday, January 28, 2025	Wednesday, January 29, 2025	Thursday, January 30, 2025	Friday, January 31, 2025	<b>Week V</b>
	<b>Assorted Big Cereal Bowl</b>	<b>Pumpkin Muffin</b>	<b>Chocolate Cake Donut</b>	<b>Caramel Mini Cinnis</b>	<b>Pancake Puffs Pack</b>	
	100% 4.23 oz Fruit Juice (1 item)  Choice Milk & Second Fruit (1 item each)	100% 4.23 oz Fruit Juice (1 item)  Choice Milk & Second Fruit (1 item each)	100% 4.23 oz Fruit Juice (1 item)  Choice Milk & Second Fruit (1 item each)	100% 4.23 oz Fruit Juice (1 item)  Choice Milk & Second Fruit (1 item each)	100% 4.23 oz Fruit Juice (1 item)  Choice Milk & Second Fruit (1 item each)	
<i>Entrée of the Day is 2 Whole Grain Items Equivalent. Chef's Choice, equivalent to 2 Items, may be offered in place of the Entrée of the Day.</i>						

**\*\*\* Three Items meet USDA requirements (One Item must be fruit).**

Skim & 1% milk served daily. This menu is 100% pork-free.  
 All bread /bread products /chips /tortillas /pastas listed in the menu are whole grain products. All rice dishes /rice products are made of whole grain brown rice.