

Menu Name : St Charles Borromeo School K-8 Grades Lunch Menu

Options Provided : Hot & Cold Meals

Grade Level / Age Group : K-8 Grades

Meal Pattern : NSLP

Meal : Lunch

**NOVEMBER - 2024**

**Building Lunch Menus Students Love**

Friday, November 1, 2024

Hot Meals

According to the USDA, schools are responsible for about 530,000 tons of discarded food (excluding milk) annually. We can only nourish students if they eat the meals we provide.

We create menus to hold students' interest throughout the year. We include a mix of long-time favorite meals as well as trendier foods that expose students to new flavors and cultures. Each week, we offer healthy whole grains, different proteins and a variety of fruits and vegetables to prevent boredom. We continually monitor the popularity of meals and replace those that are less popular with new ones to inspire joyful eaters. We also let students choose from multiple daily options rather than forcing everyone to take something they may not like.

These measures help ensure our meals feed more students and fewer trash cans.

**Fresh Baked Pizza Slice**

Broccoli Florets & Dip

Crisp Varietal Apple

Choice Milk

Turkey Bun & Wowbutter-Jelly Sandwiches are offered as options Every day

Week IV

Cold

Monday, November 4, 2024

Tuesday, November 5, 2024

Wednesday, November 6, 2024

Thursday, November 7, 2024

Friday, November 8, 2024

Hot Meals

**Golden Chicken Tenders & Ketchup**

Carrot Slims & Dip

Cinnamon Apple Slices

Vanilla Chat-Snax

Choice Milk

**Walking Taco**

Beef Taco Meat, Corn Chips, Shred Cheese, Lettuce & Crema

Cheesy Refried Beans

Chilled Fruit Cocktail

Choice Milk

**Chinese Teriyaki Chicken**

Steamed Seasoned Rice

Crisp Broccoli & Dip

Bananas

Choice Milk

**Mac & Cheese**

Strawberry Grahams

Mixed Greens Salad & Dressing

Fresh Orange

Choice Milk

**Cheese Hot Pocket**

Warm Red Sauce

Steamed Corn

Crisp Varietal Apple

Choice Milk

Cold

Turkey Bun & Wowbutter-Jelly Sandwiches are offered as options Every day

Week V

Monday, November 11, 2024

Tuesday, November 12, 2024

Wednesday, November 13, 2024

Thursday, November 14, 2024

Friday, November 15, 2024

Hot Meals

**School Not in Session**

**BBQ Meatballs**

Mashed Potatoes

Crisp Celery Sticks & Dip

Chilled Fruit Cocktail

WG Roll & Choice Milk

**Asian Chow Mein Bowl**

Whole Grain Chow Mein Noodles with Asian Sesame Chicken

Sliced Cucumbers

Banana

Choice Milk

**Premium Chicken Patty Sandwich**

WG Bun & Ketchup

Pinto Salad

Sliced Cucumbers

Fresh Orange & Choice Milk

**Fresh Baked Pizza Slice**

Mixed Greens Salad w/Dressing

Crisp Varietal Apple

Choice Milk

Cold

Turkey Bun & Wowbutter-Jelly Sandwiches are offered as options Every day

Week VI

Monday, November 18, 2024

Tuesday, November 19, 2024

Wednesday, November 20, 2024

Thursday, November 21, 2024

Friday, November 22, 2024

Hot Meals

**CKC Chef's Texas Burger w/American Cheese Slice**

Steamed Corn

Cinnamon Apple Slices

Choice Milk

**Sweet & Sour Chicken**

Steamed Brown Rice

Celery Sticks, Baby Carrots & Dip

Chilled Fruit Cocktail

Choice Milk

**All Beef Hot Dog**

WG Hot Dog Bun, Ketchup

CKC Baked Beans

Cucumber Slices & Banana

Vanilla Wafers & Choice Milk

**Brunch Lunch**

Easy-Bite Mini Waffles & Syrup w/ Yogurt Swirl Cup

Carrot Slims & Dip

Fresh Orange

Choice Milk

**Pizza Hand Pie**

Garden Green Salad & Dressing

Crisp Varietal Apple

Choice Milk

Cold

Turkey Bun & Wowbutter-Jelly Sandwiches are offered as options Every day

Week I

Monday, November 25, 2024

Tuesday, November 26, 2024

Wednesday, November 27, 2024

Thursday, November 28, 2024

Friday, November 29, 2024

Hot Meal

**Soft Shell Tortilla Taco**

WG Tortilla, Taco Seasoned Beef, Shred Cheese & Boom Sauce

Steamed Corn

Cinnamon Apple Slices

Choice Milk

**Mild Honey Sauced Drumstick**

Mildly Seasoned Flavorful Chicken Drumstick

Celery Sticks, Carrot Slims & Dip

Fresh Bakery Roll

Chilled Fruit Cocktail & Choice Milk

**School Not in Session**

Cold

Turkey Bun & Wowbutter-Jelly Sandwiches are offered as options Every day

Week II

\*\*\* Cold meals are served with vegetables, fruit of the day & milk.

Skim & 1% milk served daily.

All bread /bread products /chips /tortillas /pastas listed in the menu are whole grain products.

This menu is 100% pork-free.

All rice dishes /rice products are made of whole grain brown rice.