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| Menu Name : K-8 A Bagged Breakfast w Cereal Menu | | Meal Pattern : NSLP | | Meal : Breakfast | |
| Grade Level / Age Group : K-8 Grades | | NOVEMBER - 2024 | | | |

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| Breakfast | Building Lunch Menus Students Love | | | | Friday, November 1, 2024 |
| | <p>According to the USDA, schools are responsible for about 530,000 tons of discarded food (excluding milk) annually. We can only nourish students if they eat the meals we provide.</p> <p>We create menus to hold students' interest throughout the year. We include a mix of long-time favorite meals as well as trendier foods that expose students to new flavors and cultures. Each week, we offer healthy whole grains, different proteins and a variety of fruits and vegetables to prevent boredom. We continually monitor the popularity of meals and replace those that are less popular with new ones to inspire joyful eaters. We also let students choose from multiple daily options rather than forcing everyone to take something they may not like.</p> <p>These measures help ensure our meals feed more students and fewer trash cans.</p> | | | | Cinnamon Toast Crunch Muffin |
| | | | | | 100% 4.23 oz Fruit Juice (1 item) Choice Milk & Second Fruit (1 item each) <i>Entrée of the Day is 2 Whole Grain Items Equivalent. Chef's Choice, equivalent to 2 Items, may be offered in</i> |

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| Breakfast | Monday, November 4, 2024 | Tuesday, November 5, 2024 | Wednesday, November 6, 2024 | Thursday, November 7, 2024 | Friday, November 8, 2024 |
| | Assorted Big Cereal Bowl | "New" Pumpkin Muffin | Chocolate Cake Donut | Caramel Mini Cinnis | Pancake Puffs Pack |
| | 100% 4.23 oz Fruit Juice (1 item) Choice Milk & Second Fruit (1 item each) | 100% 4.23 oz Fruit Juice (1 item) Choice Milk & Second Fruit (1 item each) | 100% 4.23 oz Fruit Juice (1 item) Choice Milk & Second Fruit (1 item each) | 100% 4.23 oz Fruit Juice (1 item) Choice Milk & Second Fruit (1 item each) | 100% 4.23 oz Fruit Juice (1 item) Choice Milk & Second Fruit (1 item each) |
| <i>Entrée of the Day is 2 Whole Grain Items Equivalent. Chef's Choice, equivalent to 2 Items, may be offered in place of the Entrée of the Day.</i> | | | | | |

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| Breakfast | Monday, November 11, 2024 | Tuesday, November 12, 2024 | Wednesday, November 13, 2024 | Thursday, November 14, 2024 | Friday, November 15, 2024 |
| | School Not in Session | Choco-Crisp Belgian Waffle | WG Muffin | Glazed Honey Breakfast Bun | Banana Chocolate Chip Oatmeal Round |
| | | 100% 4.23 oz Fruit Juice (1 item) Choice Milk & Second Fruit (1 item each) | 100% 4.23 oz Fruit Juice (1 item) Choice Milk & Second Fruit (1 item each) | 100% 4.23 oz Fruit Juice (1 item) Choice Milk & Second Fruit (1 item each) | 100% 4.23 oz Fruit Juice (1 item) Choice Milk & Second Fruit (1 item each) |
| <i>Entrée of the Day is 2 Whole Grain Items Equivalent. Chef's Choice, equivalent to 2 Items, may be offered in place of the Entrée of the Day.</i> | | | | | |

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| Breakfast | Monday, November 18, 2024 | Tuesday, November 19, 2024 | Wednesday, November 20, 2024 | Thursday, November 21, 2024 | Friday, November 22, 2024 |
| | Assorted Big Cereal Bowl | Lemon Poppyseed Breakfast Bread | Orange Dream Muffin | Vanilla Boli | Blueberry Snack'n Waffle |
| | 100% 4.23 oz Fruit Juice (1 item) Choice Milk & Second Fruit (1 item each) | 100% 4.23 oz Fruit Juice (1 item) Choice Milk & Second Fruit (1 item each) | 100% 4.23 oz Fruit Juice (1 item) Choice Milk & Second Fruit (1 item each) | 100% 4.23 oz Fruit Juice (1 item) Choice Milk & Second Fruit (1 item each) | 100% 4.23 oz Fruit Juice (1 item) Choice Milk & Second Fruit (1 item each) |
| <i>Entrée of the Day is 2 Whole Grain Items Equivalent. Chef's Choice, equivalent to 2 Items, may be offered in place of the Entrée of the Day.</i> | | | | | |

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| Breakfast | Monday, November 25, 2024 | Tuesday, November 26, 2024 | Wednesday, November 27, 2024 | Thursday, November 28, 2024 | Friday, November 29, 2024 |
| | French Toast Breakfast Bread | Assorted Big Cereal Bowl | School Not in Session | | |
| | 100% 4.23 oz Fruit Juice (1 item) Choice Milk & Second Fruit (1 item each) | 100% 4.23 oz Fruit Juice (1 item) Choice Milk & Second Fruit (1 item each) | | | |
| <i>Entrée of the Day is 2 Whole Grain Items Equivalent. Chef's Choice, equivalent to 2 Items, may be offered in place of the Entrée of the Day.</i> | | | | | |

*** Three Items meet USDA requirements (One Item must be fruit).

Skim & 1% milk served daily.

All bread /bread products /chips /tortillas /pastas listed in the menu are whole grain products.

This menu is 100% pork-free.

All rice dishes /rice products are made of whole grain brown rice.