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	Menu Name : St Charles Borron	1eo PreK Lunch Menu				
	Grade Level / Age Group : Childcare (A	.ges 3-5)	OCTOBER - 2024	Meal : Lunch		
		Tuesday, October 1, 2024	Wednesday, October 2, 2024	Thursday, October 3, 2024	Friday, October 4, 2024	
als		Cheddar Meatballs	Asian Rice Bowl	Premium Chicken Patty Sandwich	Fresh Hot Baked Pizza	
		Steamed Peas	Seasoned Rice served with Asian Sesame Chicken	WG Bun & Ketchup	Garden Salad & Dressing	
Hot Meals	October is 'Farm To-School' Month	Chilled Peaches	Crisp Broccoli & Dip	CKC Baked Beans	Crisp Varietal Apple Wedges	
		WG Dinner Roll	Banana	Fresh Orange Wedges	Choice Milk	
		Choice Milk	Choice Milk	Choice Milk		
	Monday, October 7, 2024	Tuesday, October 8, 2024	Wednesday, October 9, 2024	Thursday, October 10, 2024	Friday, October 11, 2024	
	Cheeseburger	Brunch Lunch	Pop-Chicken Bowl	Sweet & Sour Chicken	Pizza Hand Pie	
als	CKC Baked Beans	French Toast Sticks & Syrup	Popcorn Chicken & Shred Cheddar Cheese on Mashed Potatoes	Steamed Brown Rice	Sliced Cucumbers & Dip	IdeaW
Hot Meals	Cinnamon Apple Slices	Hash Brown Round w/ Ketchup	Banana	Mixed Salad & Dressing	Crisp Varietal Apple Wedges	
	Choice Milk	Chilled Peaches	Choice Milk	Fresh Orange Wedges	Choice Milk	
		Choice Milk		Choice Milk		
	Monday, October 14, 2024	Tuesday, October 15, 2024	Wednesday, October 16, 2024	Thursday, October 17, 2024	Friday, October 18, 2024	
	Taco Rice Bowl	BBQ Teriyaki Chicken				
leal	Taco Seasoned Beef, Steamed Rice & Shred Cheese	Mashed Potatoes				
Hot Meal		Mashed Potatoes Golden Wheat Crackers	Sch	ool Not in Ses	ssion	
Hot Meal	Shred Cheese		Sch	ool Not in Se	ssion	
Hot Meal	Shred Cheese Cheesy Refried Beans	Golden Wheat Crackers	Sch	ool Not in Ses	ssion	
Hot Meal	Shred Cheese Cheesy Refried Beans Cinnamon Apple Slices	Golden Wheat Crackers Chilled Peaches Choice Milk Tuesday, October 22, 2024	Sch Wednesday, October 23, 2024	Thursday, October 24, 2024	Friday, October 25, 2024	
Hot Meal	Shred Cheese Cheesy Refried Beans Cinnamon Apple Slices Choice Milk	Golden Wheat Crackers Chilled Peaches Choice Milk				
	Shred Cheese Cheesy Refried Beans Cinnamon Apple Slices Choice Milk Monday, October 21, 2024	Golden Wheat Crackers Chilled Peaches Choice Milk Tuesday, October 22, 2024 Cheesy Beef Joe	Wednesday, October 23, 2024	Thursday, October 24, 2024 Italiano Rosy Alfredo Pasta	Friday, October 25, 2024	
	Shred Cheese Cheesy Refried Beans Cinnamon Apple Slices Choice Milk Monday, October 21, 2024 Crunchy Chicken Tenders	Golden Wheat Crackers Chilled Peaches Choice Milk Tuesday, October 22, 2024 Cheesy Beef Joe (Taste Test Winner)	Wednesday, October 23, 2024 Mandarin Orange Chicken	Thursday, October 24, 2024 Italiano Rosy Alfredo Pasta Bake	Friday, October 25, 2024 Brunch Lunch Easy-Bite Mini Waffles & Syrup w/ Yogurt	
	Shred Cheese Cheesy Refried Beans Cinnamon Apple Slices Choice Milk Monday, October 21, 2024 Crunchy Chicken Tenders Ketchup	Golden Wheat Crackers Chilled Peaches Choice Milk Tuesday, October 22, 2024 Cheesy Beef Joe (Taste Test Winner) CKC's Cheesy Twist on a Beef Joe	Wednesday, October 23, 2024 Mandarin Orange Chicken Steamed Seasoned Rice	Thursday, October 24, 2024 Italiano Rosy Alfredo Pasta Bake WG Penne Rosa w/ Grilled Chicken	Friday, October 25, 2024 Brunch Lunch Easy-Bite Mini Waffles & Syrup w/ Yogurt Swirl Cup & String Cheese	
Hot Meal Hot Meal	Shred Cheese Cheesy Refried Beans Cinnamon Apple Slices Choice Milk Monday, October 21, 2024 Crunchy Chicken Tenders Ketchup Steamed Carrots & Peas	Golden Wheat Crackers Chilled Peaches Choice Milk Tuesday, October 22, 2024 Cheesy Beef Joe (Taste Test Winner) CKC's Cheesy Twist on a Beef Joe Steamed Mixed Veggies	Wednesday, October 23, 2024 Mandarin Orange Chicken Steamed Seasoned Rice Sliced Cucumbers & Dip	Thursday, October 24, 2024 Italiano Rosy Alfredo Pasta Bake WG Penne Rosa w/ Grilled Chicken Mixed Salad & Dressing	Friday, October 25, 2024 Brunch Lunch Easy-Bite Mini Waffles & Syrup w/ Yogurt Swirl Cup & String Cheese Tater Tots w/ Ketchup	
	Shred Cheese Cheesy Refried Beans Cinnamon Apple Slices Choice Milk Monday, October 21, 2024 Crunchy Chicken Tenders Ketchup Steamed Carrots & Peas Cinnamon Apple Slices	Golden Wheat Crackers Chilled Peaches Choice Milk Tuesday, October 22, 2024 Cheesy Beef Joe (Taste Test Winner) CKC's Cheesy Twist on a Beef Joe Steamed Mixed Veggies Chilled Peaches	Wednesday, October 23, 2024 Mandarin Orange Chicken Steamed Seasoned Rice Sliced Cucumbers & Dip Banana	Thursday, October 24, 2024 Italiano Rosy Alfredo Pasta Bake WG Penne Rosa w/ Grilled Chicken Mixed Salad & Dressing Fresh Orange Wedges	Friday, October 25, 2024 Brunch Lunch Easy-Bite Mini Waffles & Syrup w/ Yogurt Swirl Cup & String Cheese Tater Tots w/ Ketchup Crisp Varietal Apple Wedges Choice Milk	
	Shred Cheese Cheesy Refried Beans Cinnamon Apple Slices Choice Milk Monday, October 21, 2024 Crunchy Chicken Tenders Ketchup Steamed Carrots & Peas Cinnamon Apple Slices Choice Milk	Golden Wheat Crackers Chilled Peaches Choice Milk Tuesday, October 22, 2024 Cheesy Beef Joe (Taste Test Winner) CKC's Cheesy Twist on a Beef Joe Steamed Mixed Veggies Chilled Peaches Choice Milk Tuesday, October 29, 2024	Wednesday, October 23, 2024 Mandarin Orange Chicken Steamed Seasoned Rice Sliced Cucumbers & Dip Banana Choice Milk	Thursday, October 24, 2024 Italiano Rosy Alfredo Pasta Bake WG Penne Rosa w/ Grilled Chicken Mixed Salad & Dressing Fresh Orange Wedges Choice Milk	Friday, October 25, 2024 Brunch Lunch Easy-Bite Mini Waffles & Syrup w/ Yogurt Swirl Cup & String Cheese Tater Tots w/ Ketchup Crisp Varietal Apple Wedges	
Hot Meal	Shred Cheese Cheesy Refried Beans Cinnamon Apple Slices Choice Milk Monday, October 21, 2024 Crunchy Chicken Tenders Ketchup Steamed Carrots & Peas Cinnamon Apple Slices Choice Milk Monday, October 28, 2024	Golden Wheat Crackers Chilled Peaches Choice Milk Tuesday, October 22, 2024 Cheesy Beef Joe (Taste Test Winner) CKC's Cheesy Twist on a Beef Joe Steamed Mixed Veggies Chilled Peaches Choice Milk Tuesday, October 29, 2024	Wednesday, October 23, 2024 Mandarin Orange Chicken Steamed Seasoned Rice Sliced Cucumbers & Dip Banana Choice Milk Wednesday, October 30, 2024 The Cheeseburger, that Never	Thursday, October 24, 2024 Italiano Rosy Alfredo Pasta Bake WG Penne Rosa w/ Grilled Chicken Mixed Salad & Dressing Fresh Orange Wedges Choice Milk Thursday, October 31, 2024 Marinara Meatballs w/	Friday, October 25, 2024 Brunch Lunch Easy-Bite Mini Waffles & Syrup w/ Yogurt Swirl Cup & String Cheese Tater Tots w/ Ketchup Crisp Varietal Apple Wedges Choice Milk Farm-To-School - What & Why? October is Farm-to-School Month in	
	Shred Cheese Cheesy Refried Beans Cinnamon Apple Slices Choice Milk Monday, October 21, 2024 Crunchy Chicken Tenders Ketchup Steamed Carrots & Peas Cinnamon Apple Slices Choice Milk Monday, October 28, 2024 Popcorn Chicken w/ Ketchup	Golden Wheat Crackers Chilled Peaches Choice Milk Tuesday, October 22, 2024 Cheesy Beef Joe (Taste Test Winner) CKC's Cheesy Twist on a Beef Joe Steamed Mixed Veggies Chilled Peaches Choice Milk Tuesday, October 29, 2024 Pizza Crunchers	Wednesday, October 23, 2024 Mandarin Orange Chicken Steamed Seasoned Rice Sliced Cucumbers & Dip Banana Choice Milk Wednesday, October 30, 2024 The Cheeseburger, that Never Gets Old-Fashioned	Thursday, October 24, 2024 Italiano Rosy Alfredo Pasta Bake WG Penne Rosa w/ Grilled Chicken Mixed Salad & Dressing Fresh Orange Wedges Choice Milk Thursday, October 31, 2024 Marinara Meatballs w/ Mozzarella	Friday, October 25, 2024 Brunch Lunch Easy-Bite Mini Waffles & Syrup w/ Yogurt Swirl Cup & String Cheese Tater Tots w/ Ketchup Crisp Varietal Apple Wedges Choice Milk Farm-To-School - What & Why? October is Farm-to-School Month in the U.S., a time for students to learn about locally grown and produced food items supplied by nearby	
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