

Menu Name : St Charles Borromeo PreK Lunch Menu					
Grade Level / Age Group : Childcare (Ages 3-5)			Meal : Lunch		
OCTOBER - 2024					
Hot Meals	Tuesday, October 1, 2024	Wednesday, October 2, 2024	Thursday, October 3, 2024	Friday, October 4, 2024	
	October is To-School' 'Farm-Month	Cheddar Meatballs	Asian Rice Bowl	Premium Chicken Patty Sandwich	Fresh Hot Baked Pizza
		Steamed Peas	Seasoned Rice served with Asian Sesame Chicken	WG Bun & Ketchup	Garden Salad & Dressing
		Chilled Peaches	Crisp Broccoli & Dip	CKC Baked Beans	Crisp Varietal Apple Wedges
		WG Dinner Roll	Banana	Fresh Orange Wedges	Choice Milk
Choice Milk	Choice Milk	Choice Milk			
Monday, October 7, 2024	Tuesday, October 8, 2024	Wednesday, October 9, 2024	Thursday, October 10, 2024	Friday, October 11, 2024	
Cheeseburger	Brunch Lunch	Pop-Chicken Bowl	Sweet & Sour Chicken	Pizza Hand Pie	
CKC Baked Beans	French Toast Sticks & Syrup	Popcorn Chicken & Shred Cheddar Cheese on Mashed Potatoes	Steamed Brown Rice	Sliced Cucumbers & Dip	
Cinnamon Apple Slices	Hash Brown Round w/ Ketchup	Banana	Mixed Salad & Dressing	Crisp Varietal Apple Wedges	
Choice Milk	Chilled Peaches	Choice Milk	Fresh Orange Wedges	Choice Milk	
	Choice Milk		Choice Milk		
Monday, October 14, 2024	Tuesday, October 15, 2024	Wednesday, October 16, 2024	Thursday, October 17, 2024	Friday, October 18, 2024	
Taco Rice Bowl	BBQ Teriyaki Chicken	School Not in Session			
Taco Seasoned Beef, Steamed Rice & Shred Cheese	Mashed Potatoes				
Cheesy Refried Beans	Golden Wheat Crackers				
Cinnamon Apple Slices	Chilled Peaches				
Choice Milk	Choice Milk				
Monday, October 21, 2024	Tuesday, October 22, 2024	Wednesday, October 23, 2024	Thursday, October 24, 2024	Friday, October 25, 2024	
Crunchy Chicken Tenders	Cheesy Beef Joe (Taste Test Winner)	Mandarin Orange Chicken	Italiano Rosy Alfredo Pasta Bake	Brunch Lunch	
Ketchup	CKC's Cheesy Twist on a Beef Joe	Steamed Seasoned Rice	WG Penne Rosa w/ Grilled Chicken	Easy-Bite Mini Waffles & Syrup w/ Yogurt Swirl Cup & String Cheese	
Steamed Carrots & Peas	Steamed Mixed Veggies	Sliced Cucumbers & Dip	Mixed Salad & Dressing	Tater Tots w/ Ketchup	
Cinnamon Apple Slices	Chilled Peaches	Banana	Fresh Orange Wedges	Crisp Varietal Apple Wedges	
Choice Milk	Choice Milk	Choice Milk	Choice Milk	Choice Milk	
Monday, October 28, 2024	Tuesday, October 29, 2024	Wednesday, October 30, 2024	Thursday, October 31, 2024	Farm-To-School - What & Why?	
Popcorn Chicken w/ Ketchup	Pizza Crunchers	The Cheeseburger , that Never Gets Old-Fashioned	Marinara Meatballs w/ Mozzarella		
Potato Smiles w/ Ketchup	Steamed Mixed Veggies	WG Bun, Cheese Slice & Ketchup	WG Dinner Roll		
Cinnamon Apple Slices	Chilled Peaches	CKC Baked Beans	Steamed Peas		
Choice Milk	Choice Milk	Banana	Fresh Orange Wedges		
		Choice Milk	Choice Milk		

Skim & 1% milk served daily.
All bread /bread products /chips /tortillas /pastas listed in the menu are whole grain products.

This menu is 100% pork-free.
All rice dishes /rice products are made of whole grain brown rice.