



Menu Name : St Charles Borromeo School K-8 Grades Lunch Menu		Options Provided : Hot, Cold Meals				
Grade Level / Age Group : K - 8 Grades		Meal Pattern : NSLP				
		Meal : Lunch				
October - 2024						
Hot Meals	Tuesday, October 1, 2024		Wednesday, October 2, 2024		Thursday, October 3, 2024	
	<b>October is 'Farm-To-School' Month</b>	<b>BBQ Meatballs</b> Mashed Potatoes Crisp Celery Sticks & Dip Chilled Fruit Cocktail WG Roll & Choice Milk		<b>Asian Chow Mein Bowl</b> Whole Grain Chow Mein Noodles with Asian Sesame Chicken Sliced Cucumbers & Dip Banana Choice Milk		<b>Premium Chicken Patty Sandwich</b> WG Bun & Ketchup CKC Baked Beans Baby Carrots Fresh Orange & Choice Milk
<b>Fresh Baked Pizza Slice</b> Mixed Greens Salad w/Dressing Crisp Varietal Apple Choice Milk						
Turkey Bun & Wowbutter-Jelly Sandwiches are offered as options Every day						
<b>Cold</b>						
Week VI						
Hot Meals	Monday, October 7, 2024		Tuesday, October 8, 2024		Wednesday, October 9, 2024	
	<b>CKC Chef's Texas Burger w/American Cheese Slice</b> Steamed Corn Cinnamon Apple Slices Choice Milk		<b>Sweet &amp; Sour Chicken</b> Steamed Brown Rice Celery Sticks, Baby Carrots & Dip Chilled Fruit Cocktail Choice Milk		<b>All Beef Hot Dog</b> WG Hot Dog Bun, Ketchup CKC Baked Beans Cucumber Slices & Banana Vanilla Wafers & Choice Milk	
				<b>Brunch Lunch</b> Easy-Bite Mini Waffles & Syrup w/ Yogurt Swirl Cup Carrot Slims & Dip Fresh Orange Choice Milk		
				<b>Pizza Hand Pie</b> Garden Green Salad & Dressing Crisp Varietal Apple Choice Milk		
Turkey Bun & Wowbutter-Jelly Sandwiches are offered as options Every day						
<b>Cold</b>						
Week I						
Hot Meals	Monday, October 14, 2024		Tuesday, October 15, 2024		Wednesday, October 16, 2024	
	<b>Soft Shell Tortilla Taco</b> WG Tortilla, Taco Seasoned Beef, Shred Cheese & Boom Sauce Steamed Corn Cinnamon Apple Slices Choice Milk		<b>Mild Honey Sauced Drumstick</b> Mildly Seasoned Flavorful Chicken Drumstick Celery Sticks, Carrot Slims & Dip Animal Crackers Chilled Fruit Cocktail & Choice Milk		<h1 style="text-align: center; color: green;">School Not in Session</h1>	
Turkey Bun & Wowbutter-Jelly Sandwiches are offered as options Every day						
<b>Cold</b>						
Week II						
Hot Meals	Monday, October 21, 2024		Tuesday, October 22, 2024		Wednesday, October 23, 2024	
	<b>Golden Chicken Tenders</b> Ketchup WG Dinner Roll Baby Carrots Cinnamon Apple Slices & Choice Milk		<b>Cheesy Beef Joe (Taste Test Winner)</b> CKC's Cheesy Twist on a Beef Joe Pinto Bean Salad Carrot Slims Chilled Fruit Cocktail & Choice Milk		<b>Mandarin Orange Chicken</b> Steamed Seasoned Rice Sliced Cucumbers & Dip Banana Choice Milk	
				<b>Italiano Rosy Alfredo Pasta Bake</b> WG Penne Rosa w/ Grilled Chicken Mixed Greens Salad & Dressing Fresh Orange Choice Milk		
				<b>Brunch Lunch</b> French Toast Sticks & Syrup Hash Brown Patties w/ Ketchup Sliced Cucumbers Crisp Varietal Apple & Choice Milk		
Turkey Bun & Wowbutter-Jelly Sandwiches are offered as options Every day						
<b>Cold</b>						
Week III						
Hot Meal	Monday, October 28, 2024		Tuesday, October 29, 2024		Wednesday, October 30, 2024	
	<b>Juicy Ranchola Drumstick</b> Baby Carrots, Celery & Dip Cinnamon Apple Slices WG Roll Choice Milk		<b>Cheddar Nachos</b> Scoop the Creamy Melted Cheese & Chicken Nachos with Corn Chips for the 'Oh, so, yummy' Crunch Pinto Bean Salad & Carrots Chilled Fruit Cocktail & Choice Milk		<b>Classic Hamburger</b> WG Bun & Ketchup Cucumber Slices Banana Choice Milk	
				<b>Golden Corn Dog</b> WG Chicken Corn Dog served with Ketchup Potato Stix w/ Ketchup Fresh Orange Choice Milk		
				<b>Farm-To-School - What &amp; Why?</b> October is Farm-to-School Month in the U.S., a time for students to learn about locally grown and produced food items supplied by nearby farmers, producers and ranchers. Farm-to-school foods ensure the freshest foods in school meals and help support local economies.		
Turkey Bun & Wowbutter-Jelly Sandwiches are offered as options Every day						
<b>Cold</b>						
Week IV						

\*\*\* Cold meals are served with vegetables, fruit of the day & milk.

Skim & 1% milk served daily.

All bread /bread products /chips /tortillas /pastas listed in the menu are whole grain products.

This menu is 100% pork-free.

All rice dishes /rice products are made of whole grain brown rice.